

# Spanish Fork High School

## Essential Elements

### English

- I CAN correct grammatical errors in a sentence.
- I CAN correctly write my own name, and personal information independently.
- I CAN distinguish a noun from a verb in a sentence.
- I CAN determine 10 out of 15 correctly spelled words when a list is given to me.

### Math

- I CAN correctly add and subtract 1 step equations, with the correct principals.
- I CAN correctly multiply facts 0-5
- I CAN correctly count back change when a purchase is made.
- I CAN correctly identify the “dollar up” method when making a purchase.

### PE

- I CAN make healthy food choices using the MyPlate program.
- I CAN explain how to cope with stress and how it affects my body and mind.
- I CAN actively participate and identify ways exercise is helpful in my life.

### Science

- I CAN correctly identify the scientific method and appropriately use the correct steps.
- I CAN identify different types of biomes and appropriately describe different attributes of each.
- I CAN identify tectonic plates and how they affect our earth, as well as the natural disasters that follow. Ex: Tornadoes, Earthquakes, Hurricanes

### Life Skills

- I CAN distinguish between good and bad peer pressure, and how to resist.
- I CAN determine a stranger vs non-stranger, and react appropriately.
- I CAN correctly fill out a job application with my personal information.
- I CAN complete daily living tasks such as laundry, cooking and cleaning.