

## SPANISH FORK HIGH SCHOOL SCC minutes

Date	<b>12/1/2019</b>
Time	<b>11:18</b>
PLace	<b>SFHS COUNSELING conference room</b>

member	Present	not Present
Matt Christensen	<b>X</b>	
Sharla Barber	<b>X</b>	
Rochelle Barber	<b>X</b>	
Cathy Bennett		<b>X</b>
Jami Branch		<b>X</b>
Lori Cable		<b>X</b>
Heidi Conway	<b>X</b>	
Melissa Oldham	<b>X</b>	
Lisa Olsen	<b>X</b>	
Andy Allred	<b>X</b>	
Chris Bronson	<b>X</b>	
Anne Brown	<b>X</b>	
Luke Isley	<b>X</b>	
Student Rep		
Gaye Christiansen		<b>X</b>

PTA President		
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## **MATTERS PROPOSED, DISCUSSED, OR DECIDED**

COUNCIL MEMBERS WERE WELCOMED BY HEIDI CONWAY. MEETING STARTED AT 11:30 AM. SHARLA BARBER WENT THROUGH NOVEMBER MEETING'S MINUTES. HEIDI MADE A MOTION TO APPROVE THE MINUTES AND CHRIS BRONSON SECONDED THE MOTION. ALL COUNCIL MEMBERS WERE IN FAVOR.

HEIDI CONWAY SHARED HER NOTES FROM THE DISTRICT SCHOOL COMMUNITY COUNCIL MEETING WITH THE SUPERINTENDENT. SHE TALKED ABOUT THE LOGISTICS OF THE NEW SPANISH FORK HIGH SCHOOL CONSTRUCTION AND TIME FRAMES FOR IT ALL. SHE ALSO MENTIONED SAFETY AND SECURITY FOR OUR DISTRICT AND THE NEW SCHOOLS IN THE AREA.

SHARLA BARBER SHOWED A COUNSELING VIDEO TO THE COUNCIL EXPLAINING THE COMPREHENSIVE COUNSELING GUIDANCE PROGRAM AND THEN SHARED WITH THEM THIS YEAR'S DATA PROJECT.

MATT CHRISTENSEN INTRODUCED THE NEXT MINI PARENT TEACHER CONFERENCE AND EXPLAINED HOW THEY WORK. THESE ARE CHANGING FROM HOW THEY HAVE RUN IN THE PAST.

JO LYNN FORD INTRODUCED A NEW SOPHOMORE CLASS THAT ADMINISTRATION AND COUNSELORS ARE THINKING THEY WOULD LIKE TO RUN AT SPANISH FORK HIGH SCHOOL. SHE GAVE A HANDOUT THAT OUTLINED IDEAS FOR THE CLASS AND THE ADVANTAGES OF IT. MEMBERS ASKED QUESTIONS ABOUT THE CURRICULUM AND IF WE COULD ADD OR TAKE OUT DIFFERENT STRANDS OF IT.

MATT CHRISTENSEN TALKED TO THE COUNCIL ABOUT THE RISE OF STUDENTS STRUGGLING WITH ANXIETY AND DEPRESSION AND WHAT WE ARE TRYING TO DO TO HELP. COUNSELORS ARE GOING TO GO TO A TRAINING IN MARCH ON EMOTIONAL REGULATION AND ARE HOPING TO BRING THE PROGRAM BACK TO THE TEACHERS TO USE IN THEIR CLASSROOMS. THEY HAVE ALSO SUBMITTED A GRANT TO FILL A REGULATION ROOM THAT WILL HELP STUDENTS AND EMPLOYEES TO BE ABLE TO GO SOMEWHERE SAFE AND QUIET WHEN THEY ARE FEELING STRESSED OR ANXIOUS.

HEIDI MADE A MOTION TO CLOSE THE MEETING AND MELISSA OLDHAM SECONDED THE MOTION. ALL WERE IN FAVOR. MEETING CLOSED AT 12:30 PM.