

Spanish Fork High School 2014-15

Dons Learning Targets for

Adult Roles and Financial Literacy

I Know Myself, My Values, My Goals, and I Can Make Rational Decisions

- I CAN explain how self-concept and self-esteem are built and preserved.
- I CAN identify personal values and explain how values impact interpersonal relationships and financial decisions.
- I CAN classify short- and long-term goals and the steps needed to achieve them.
- **I CAN** identify two personal and one financial value and set a short and long-term goal that relates to each of these values.
- I CAN describe the decision-making process, including acceptance of personal responsibility for the consequences of the decision.

I Can Identify Sources of Income

- I CAN identify various forms of income and analyze factors that affect income.
- I CAN analyze criteria for selecting a career and the impact of career choices on income.
- **I CAN** research a career that includes educational requirements, skill development, and income potential.
- I CAN identify required income withholdings.
- **I CAN** demonstrate how to complete a personal state and federal tax form.

I Know My Rights and Responsibilities as a Consumer

- I CAN describe the role of planning and maintaining a balanced budget.
- **I CAN** track my personal income and expenses for two weeks and use my findings to develop a realistic monthly budget.
- I CAN describe the rights and responsibilities of buyers and sellers under consumer protection laws.
- **I CAN** select an item to purchase; research and compare at least three brands using consumer information resources, and use the decision-making process to determine which product to buy.

I Can Communicate Effectively and Develop Meaningful Relationships

- I CAN identify various types of communication styles.
- **I CAN** demonstrate the ability to use 2 constructive communication skills.
- I CAN identify positive and negative nonverbal communication.
- I CAN develop positive assertion skills to be used in conflict resolution.

I Can Identify the Purpose of Dating Responsibly

- I CAN identify and discuss the purposes and costs associated with dating.
- I CAN list dating behaviors that support my personal values and identify personal responsibilities associated with dating.
- **I CAN** set personal rules/responsibilities related to dating behaviors that support my personal values.
- I CAN identify the dangers of sexual intimacy during dating.
- I CAN define domestic violence, abuse, and various sexual violations including sexual harassment.

I Can Identify the Importance of Preparing for Marriage

- I CAN analyze the importance and process of mate selection.
- I CAN identify the purpose of the engagement period.
- I CAN define marital roles and related issues.
- I CAN identify common marriage adjustments and methods of conflict resolution as related to marriage.
- **I CAN** apply conflict resolution and problem-solving strategies to resolve an identified common source of marital conflict.
- I CAN identify positive characteristics of strong marriage relationships.
- **I CAN** develop a list of ways to personally strengthen a marriage.
- I CAN identify marriage and family financial goals and develop budget strategies.
- **I CAN** develop a realistic monthly budget for a family based upon a set income which includes: savings, housing, utilities, transportation, insurance, clothing, entertainment, and miscellaneous categories.

I Can Apply Personal Financial Planning Techniques such as:

- I CAN describe the services and payments options available for financial institutions.
- **I CAN** demonstrate how to manage a checking account, including how a bank statement is reconciled with a monthly statement.
- I CAN identify credit uses and costs.
- I CAN describe the impact of credit on money management.
- I CAN describe the value of saving in the financial planning process.

- I CAN describe the value of investing and types of investments in the financial planning process.
- I CAN compare savings and investments.
- I CAN analyze financial preparation for retirement.

I Can Apply Financial Management Strategies and Develop Meaningful Relationships

- I CAN list the positive characteristics that affect family relationships.
- **I CAN** select, implement, and evaluate strategies to strengthen family relationships.
- I CAN discuss the purpose of homeowner and auto insurance.
- I CAN identify the effects of divorce and coping strategies.
- I CAN list the steps of the grieving process and develop a positive adjustment to loss.

I Can Determine Skills Needed To Be a Good Parent

- **I CAN** evaluate my personal readiness for parenting. (biological, educational, emotional, financial, social)
- I CAN explain the human reproductive process, infertility, and steps that lead to a healthy pregnancy.
- I CAN explain the birth process and needs of a newborn.
- I CAN identify signs and types of child abuse and prevention strategies.
- I CAN identify parenting styles, including positive guidance techniques that help children develop positive self-concepts, self-management, and responsibility.
- **I CAN** apply positive guidance techniques to resolve three child rearing problems.